

*Treat yourself today!*



# MASSAGE AT THE YMCA

## Gratuity Guide

Please consider this when thanking  
your therapist for the healing session.

30-minute session \$ 35    1-hour session \$ 45    1 1/2- hour session \$65

25%	\$8.75	\$11.25	\$16.25
20%	\$7	\$9	\$13
15%	\$5.25	\$6.75	\$9.75

To be given directly to your therapist.



Building a healthy spirit, mind and body for all.