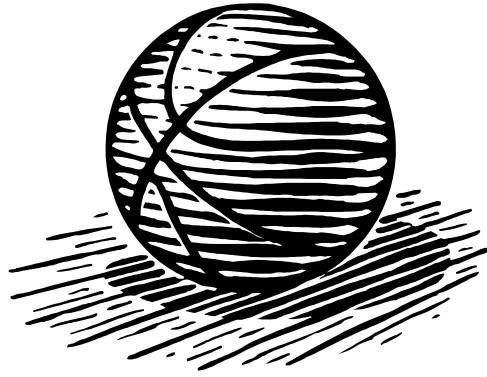


2010 Y-Winners Basketball League



"You miss 100% of the shots you don't take."

Information Packet

This packet contains information pertinent to the basketball league. Should you have additional questions regarding the league, please contact Evan Mendez.



Lake County Central YMCA
933 Mentor Avenue
Painesville, OH 44077
(440) 352-3303
emendez@lakecountymca.org



IMPORTANT NOTICE

Mandatory Parents Mtg.

**Mon. December 7th, 2009
6:30 pm**

At the Central YMCA

YBASKETBALL™

We build strong kids, strong families, strong communities.

October 10, 2009

Dear Y-Winners Parents,

Thank you for registering for the Y-Winners basketball league. This is an instructional league designed to develop player skills and improve sportsmanship. There is also an emphasis on developing character and values traits in the YMCA Character Value areas of caring, honesty, respect, and responsibility.

Also this year, we are again part of the Junior Cavaliers program, which will allow participants to receive a free game ticket while family and friends get discount tickets to a Cavaliers game during the 2009-2010 season. More information and order forms will be available at the parents meeting on December 7 and once again, after the season starts.

This information packet has been created in an attempt to answer your questions and keep you fully informed about how things will run this season. In case of bad weather or practice cancellations, we will do our best to communicate the necessary information to you in a timely manner. Please note the enclosed Weather line information and remember, do not hesitate to call if you have any questions about a practice or game taking place.

There is a mandatory parents meeting on Monday December 7 at 6:30 pm. It will be held in the Multipurpose Room at the Central YMCA. If you cannot attend, you must contact Evan Mendez in advance to receive the information you will miss. Also, if you cannot attend it will be up to you to follow up with the league director on the placement of your child on a team.

I hope you will hold on to this packet and consult it. As always, feel free to contact me with any additional questions or concerns. Finally, if you would like to be one our valued volunteer coaches, officials, scorekeepers or sponsors, please contact me at 352-3303 or emendez@lakecountyyymca.org. Thank you for choosing Y-Winners Basketball.

Sincerely,

Evan Mendez
Sports & Outreach Director
Lake County Central YMCA

Y-Winners Basketball Rules 2010

I. Turnovers

- A. There are NO turnovers in the youngest division (1-2). The call will be explained and the ball will return to the team who committed the turnover.
- B. In the 3-4 and 5-6 divisions turnovers will be counted at the referee's discretion. Calls are to be explained to players in the 3-4 divisions.

II. Defense

- A. Man-to-man defense must be played in all divisions.
- B. In the 1-2 division, defenders may not guard past the 3-point line.
- C. In the 3-4 and 5-6 divisions, defenders may not guard past the half-court line.
- D. NO FULL COURT DEFENSE!

III. Foul Shots

- A. Grades 1-2 and 3-4 DO NOT have foul shots.
- B. The 5-6 division will shoot foul shots and will take them from the foul line.

IV. Substitutions

- C. **Each player MUST play at least 1/2 of the game.**
- D. **No player may play more than 3.5 quarters.**
- E. The clock is stopped every four minutes to allow for substitutions.

V. Game Clock

- A. Each quarter is 8 minutes long. Half time is 5 minutes long.
- B. The clock runs continually, except for:
 - 1. Injuries and time-outs (1 per half)
 - 2. 4 min. substitutions

VI. Scoring

- A. Score is **NOT KEPT** in the 1-2 or 3-4 divisions
- B. Score will be kept in the 5-6 division. **(If a team is losing by 20 points in the second half, the score is no longer kept.)**

VII. Sportsmanship

- A. All interaction between players, coaches and fans is to be friendly in nature
- B. Yelling, swearing, berating others will not be tolerated from players, coaches or fans.
- C. **The offender will be asked to leave the game (players, coaches) or gym (fans) and will be suspended for the next week.**
- D. **Any intentional fouls, excessively rough play, or fighting by any parties will result in removal from the game and mandatory meeting with the league director before being allowed to participate further**

VIII. Other than the above exceptions, all rules will follow regular High School basketball rules.

Season Schedule*

November 28 - Registration deadline

Monday December 7 – **MANDATORY** Parent's Meeting
(6:30pm @ Central YMCA)

December 23- Call the YMCA if you have **not** received a team
Assignment by this date

Week of January 4 - Practice begins on assigned day (Wed. or Fri.)

Sat. January 9 game 1

Sat. January 16 game 2

Sat. January 23 game 3

Sat. January 30 game 4

Sat. February 6 game 5

Sat. February 13 game 6

Sat. February 20 game 7

Sat. February 27 game 8 (Season-ending celebration)

Date TBD – Y-Winners @ Cleveland Cavaliers Game

Team picture info will be distributed by coaches in January.

February 28th - there will be food available, as well as time for teams to meet together following the last game. Plan on celebrating with your team for approximately 30 minutes immediately following your game.

*Schedule subject to change – but let's hope it doesn't!

Driving Directions to Schools for Practices/Games

All directions are given with the YMCA as the starting point.

Chestnut Elementary School (Practice Location)

341 Chestnut Street, Painesville, OH

Drive time from YMCA: 5 minutes

Turn right out of the YMCA on to Mentor Avenue (Rt. 20).

Turn right on Chestnut (first traffic light).

Go over railroad tracks and past traffic light.

Chestnut Elementary is on the left.

Park and enter the building in the front of the school.



Elm Street Elementary (Practice Location)

585 Elm Street, Painesville, OH

Drive time from YMCA: 9 minutes

Turn right out of the YMCA on to Mentor Avenue (Rt. 20).

Drive straight on Mentor Ave. and veer left as Mentor becomes E.Erie St.

Stay on E. Erie through downtown Painesville

Turn left (north) on Elm St.

Continue on Elm St. over railroad tracks past Storrs St. and Williams St.

School is approximately 1/4 of a mile ahead on the left.

Enter parking lot on left and enter main entrance in front of the building.



Maple Elementary (Practice/Game Location)

560 W. Jackson Street, Painesville, OH

Drive time from YMCA: 5 minutes

Turn right out of the YMCA on to Mentor Avenue (Rt. 20).

Drive straight on Mentor Ave. to 2nd stop light (Grant St./W. Walnut Ave.)

Turn left (north) on to Grant St.

At next stop, turn right (east) on to Jackson St.

School is approximately 1/8 of a mile ahead on the left.

Turn left into parking lot and enter main entrance in front of the building.

FAQ's

What do I need to do first?

Come to the YMCA and sign up. Read this packet thoroughly. *Attend Mandatory Parents meeting on Monday December 7th at 6:30pm.*

How will the teams be chosen?

Teams will be picked by the sports director, based on the availability and requests of coaches, players, and parents. *(All requests must be made prior to November 28).*

How do I get Cavs tickets?

Each child will be given a ticket request form. This form must be completely filled out and returned to the YMCA front desk with payment by the deadline. There will also be an online option to pay. Your coach will notify you when your tickets have arrived.

When will I know what team my athlete is on?

Preliminary teams will be available for review at the Parent's Meeting. Your child's coach will contact you with official team information by December 23rd. If you have **not** received a team assignment by December 23rd, please call the YMCA.

When and where are practices held?

This varies from team to team. All practices will be held Wednesday or Friday evenings between 6pm and 9pm. Locations will be one of the Painesville City Elementary Schools: Chestnut, Elm St. or Maple.

When and where are games?

Games for 1st and 2nd graders will be held on Saturday afternoons at the YMCA. Games for 3rd-6th graders are held on Saturday mornings at Maple Elementary. They last approximately one hour.

Why there?

There are more than 24 hours of practices and games held each week. The YMCA does not have enough open gym time to accommodate such a schedule.

What should my athlete wear for games?

Tennis shoes, athletic shorts/pants and their team shirt (provided).

What about practice and/or game cancellations?

- If a coach needs to cancel a practice for personal reasons, he/she will contact you.
- If Painesville City Schools are closed for inclement weather, there is no practice.
- If the weather gets bad as the day progresses, keep in contact with your coach **and** call the YMCA Weatherline at 392-6880 after 4p.m. for practice information.

Can I coach my child's team or officiate games?

YES! Please do- we anticipate needing numerous volunteers this year. Contact Evan Mendez at the YMCA if you are in volunteering or being a league or team sponsor.