



All proceeds benefit Lake County YMCA scholarship programs through our Strong Kids Campaign.

**Entry Fees:**

- \$15 Pre-Registration until April 30
- \$20 Race Day - Opens at 7:30 a.m.
- \$40 Family Special (Parents & Kids)

- Fee Includes: T-Shirt for 1<sup>st</sup> 300
- Size guaranteed on entries received by Friday, April 9.
  - Checks payable to West End YMCA

**For more information or to register:**

phone: 440-946-1160 fax: 440-946-2963  
email: westend@lakecountyyymca.org  
www.lakecountyyymca.org

**Age Groups**

14 & under

15 - 19	45 - 49
20 - 24	50 - 54
25 - 29	55 - 59
30 - 34	60 - 64
35 - 39	65 - 69
40 - 44	70 & over



8<sup>th</sup> Annual

# West End Run

5K (3.1 Miles) and 2 Mile Walk

## Sunday May 2, 2010

### 9:00 AM

at the

## LAKE COUNTY WEST END YMCA

37100 Euclid Ave., Willoughby, Ohio 44094

**LONG SLEEVE T-SHIRT**

**INDOOR FACILITIES**

**DOOR PRIZES**



Top 3 overall Male & Female  
Top 3 Male & Female finishers in each group

**GREAT FOOD**

**WALK**

Top 3 overall Male & Female

**Mail form and entry fee to:** Lake County West End YMCA, 37100 Euclid Avenue, Willoughby, Ohio 44094

Check Event Desired:  
 5K Run     2 Mile Walk  
 Adult T-shirt Size: S   M   L   XL  
 Sex:    Male    Female

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone \_\_\_\_\_ Age \_\_\_\_\_  
*(on day of race)*

**Liability Release Section:**

I hereby accept responsibility for, and assume the risk of any injury or damage to my person or dependent children which might arise directly or indirectly as a result, and or participation in a YMCA program. I hereby expressly release, discharge and hold harmless from any liability whatsoever the YMCA, the various branches and subdivisions thereof, and all employees and volunteers in their capacities as representatives of the YMCA, expressly including, but not limited to, the Board of the YMCA, except for injuries caused intentionally, or by willful misconduct. I certify that I am familiar with the contents of this release, that I have read and understand the same, and that it is my intention by signing this release that the same be binding not only on me, but my heirs, administrators, executors, successors, and assigns.

Signature \_\_\_\_\_ Date \_\_\_\_\_ Signature of parent or guardian if under 18 years of age \_\_\_\_\_ Date \_\_\_\_\_