

LARGE POOL

Shaded blocks and unlisted times indicate YMCA programs in progress.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Adult Lap 5 - 8:30 am	Adult Lap 5 - 9 am	Adult Lap 5 - 8:30 am	Adult Lap 5 - 9 am	Adult Lap 5 - 8:30 am	Adult Lap 5 - 8 am	
Adult Lap 11:30 am - 1:30 pm	Adult Lap 11:30 am - 1:30 pm	Adult Lap 11:30 am - 1:30 pm	Adult Lap 11:30 am - 1:30 pm	Adult Lap 11:30 am - 1:30 pm		
Older Adult Open 2 - 3 pm		Older Adult Open 2 - 3 pm		Older Adult Open 2 - 3 pm		Adult Lap 1 - 2 pm
Open Swim 3 - 4 pm		½ Pool Open Swim 3 - 4 pm		½ Pool Open Swim 3 - 4 pm		Open Swim 2 - 4:30 pm
Teen & Adult Lap Swim 5 - 6 pm	Teen & Adult Lap Swim 5 - 6 pm	Teen & Adult Lap Swim 5 - 6 pm	Teen & Adult Lap Swim 5 - 6 pm	Teen & Adult Lap Swim 5 - 6 pm	Open Swim 6:30 - 9 pm	POOL CLOSED Synchro Show March 19 6 pm to closing March 20 Noon to closing March 21 All Day
Open Swim 7:30 - 8:15 pm		Open Swim 7:30 - 8:15 pm		Open Swim/ Adapted Aquatics 8 - 9:30 pm		
Teen & Adult Lap Swim 9:30 - 10:30 pm	Teen & Adult Lap Swim 9:45 - 10:30 pm	Teen & Adult Lap Swim 9:30 - 10:30 pm	Teen & Adult Lap Swim 9:45 - 10:30 pm	Adult Lap 9:30 - 10:30 pm		

FOR YOUR SAFETY Children under 6 must have a parent in the water with them for the duration of Open Swim

SMALL POOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Adult Open 5 - 9 am	Adult Open 5 - 9 am	Adult Open 5 - 9 am	Adult Open 5 - 9 am	Adult Open 5 - 9 am	Adult Open 5 - 8 am	
Open Swim 12 - 1 pm	Open Swim 12 - 1 pm	Open Swim 12 - 1 pm	Open Swim 12 - 1 pm	Open Swim 12 - 1 pm		
Older Adult Open 2 - 3 pm		Older Adult Open 2 - 3 pm		Older Adult Open 2 - 3 pm		Open Swim 2 - 4:30 pm
Open Swim 3 - 4 pm		Open Swim 4 - 5 pm		Open Swim 4 - 5 pm		POOL CLOSED Synchro Show March 19 6 pm to closing March 20 Noon to closing March 21 All Day
Adult Open 5 - 6 pm		Adult Open 5 - 5:30 pm		Adult Open 5 - 6 pm	Open Swim 6:30 - 9 pm	
Open Swim 7:30 - 8:15 pm		Open Swim 7 - 8:15 pm		Open Swim/ Adapted Aquatics 8 - 9:30 pm		
Adult Open 8:15 - 10:30 pm	Adult Open 8:45 - 10:30 pm	Adult Open 8:15 - 10:30 pm	Adult Open 8:45 - 10:30 pm	Adult Open 9:30 - 10:30 pm		

FOR YOUR SAFETY Children under 6 must have a parent in the water with them for the duration of Open Swim

Adapted Aquatics For people with special needs. Free to the community. Supervision required.

Flotation Devices The use of non Coast Guard approved outside flotation devices is strictly prohibited.

Open Swim For all ages. Children under 6 must have parent in the water.

Deep Water Test Must be taken by everyone under 18 years in order to swim in the deep end.