

## LARGE POOL

Shaded blocks and unlisted times indicate YMCA programs in progress.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Adult Lap 5 - 8:30 am	Adult Lap 5 - 8 am	Adult Lap 5 - 8:30 am	Adult Lap 5 - 8 am	Adult Lap 5 - 8:30 am	Adult Lap 5 - 8 am	
Adult Lap 11:30 am - 1:30	Adult Lap 11:30 am - 1:30 pm	Adult Lap 11:30 am - 1:30 pm	Adult Lap 11:30 am - 1:30 pm	Adult Lap 11:30 am - 1:30 pm	Open Swim 11 am - Noon	
Older Adult Open/Lap 2 - 3 pm		Older Adult Open/Lap 2 - 3 pm		Older Adult Open/Lap 2 - 3 pm		All Lap 1 - 2 pm
Open Swim 3 - 5 pm	Open Swim/Lap 4 - 5 pm		Open Swim/Lap 4 - 5 pm	Open Swim 3 - 5 pm	Open Swim 2 - 5:30 pm	Family Open 2 - 4:30 pm
Teen/Adult Lap Swim 5 - 6 pm	Teen/Adult Lap Swim 5 - 6 pm	Teen/Adult Lap Swim 5 - 6 pm	Teen/Adult Lap Swim 5 - 6 pm	Teen/Adult Lap Swim 5 - 6 pm		
Open Swim 7 - 8 pm		Open Swim 7 - 8 pm		Adapted Aquatics/ Open Swim 6 - 8:30 pm		
½ Pool Teen/Adult Lap 8:45 - 9:30 pm	Teen/Adult Lap 8:30 - 9:30 pm	½ Pool Teen/Adult Lap 8:45 - 9:30 pm	Teen/Adult Lap 8:30 - 9:30 pm	Teen/Adult Lap 8:30 - 9:30 pm		

**FOR YOUR SAFETY** Children under 6 years old must have a parent in the water for the duration of swim.

## SMALL POOL

Additional open swim times will be available August 1 - 21. Pick up a schedule or check online.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Adult Open 5 - 9 am	Adult Open 5 - 9 am	Adult Open 5 - 9 am	Adult Open 5 - 9 am	Adult Open 5 - 9 am	Adult Open 5 - 9 am	
Open Swim 9 - 11:15 am				Open Swim 9 am - Noon		
Open Swim 12 - 1 pm	Open Swim 12 - 1 pm	Open Swim 12 - 1 pm	Open Swim 12 - 1 pm	Open Swim 12 - 1 pm		
Adult Open 1:30 - 3 pm		Adult Open 1:30 - 3 pm		Adult Open 1:30 - 3 pm	Open Swim 2 - 5:30 pm	Family Open 2 - 4:30 pm
Open Swim 3 - 5 pm	Open Swim 4 - 5 pm		Open Swim 4 - 5 pm	Open Swim 3 - 5 pm		
Adult Open 5 - 6 pm	Adult Open 5 - 6 pm	Adult Open 5 - 6 pm	Adult Open 5 - 6 pm	Adult Open 5 - 6 pm		
Open Swim 7 - 8 pm		Open Swim 7 - 8 pm		Open Swim 6 - 8:30 pm		
Adult Open 8 - 9:30 pm	Adult Open 8 - 9:30 pm	Adult Open 8 - 9:30 pm	Adult Open 8 - 9:30 pm	Adult Open 8:30 - 9:30 pm		

**FOR YOUR SAFETY** Children under 6 years old must have a parent in the water for the duration of swim.

**Adapted Aquatics** For people with special needs. Free to the community. Supervision required.

**Flotation Devices** The use of non Coast Guard approved flotation devices is strictly prohibited.

**Open Swim** For all ages. Children under 6 must have parent in the water.

**Deep Water Test** Must be taken by everyone under 18 years in order to swim in the deep end.